

Christ the Lord Church Office Hours

Sandy: Monday - Friday, 9:30am - 12:30pm
(please call first if you need to meet with Sandy)

Christ the Lord Church

Sunday Service: 10 am

E-News for the week of September 1 -8, 2022

Editor: Elaine Brady

Mark your calendars

Wednesday, September 7 ... Senior Yoga Class at 5:00 pm (see article)

Friday, September 16 ... Veterans' Cafe Event 11:00 am - 2:00 pm sponsored by CTL in conjunction with Sutter Health (see article)

*****Sunday, September 11** ...

Discernment meeting of the congregation on the future of CTL and Rev Lois as our priest. Please make every effort to attend this important meeting concerning the future of CTL. (see article and the attached document)

Sunday September 18 ... the sermon will be presented by Joanne A. Addy. She will speak on Imminent Famine in Eastern Africa: A Humanitarian Crisis. You won't want to miss this special presentation!

Sunday, September 18 ... during the service, Rev Lois will be commissioning members of the Altar Guild, Lectors (those who read scripture lessons each week) and Ante-Communion servers. We look forward to blessing all those who help with these ministries.

Wednesday, September 21 ... Senior Yoga Class at 5:00 pm (see article)

A Special Discernment Meeting of the Congregation regarding the Future of CTL will be Sunday, September 11 after Fellowship ... Last Sunday,

August 28, Senior Warden Elaine Brady addressed the congregation about 2 issues that need our immediate attention. 1) Our status as a church; & 2) Keeping Reverend Lois as our priest. Please see the attached copy of the announcement in case you did not receive it in a special ENews sent to all on Monday, August 29.

Rummage Sale - Super Yard Sale...

Margaret Young's Tennant Association wishes to thank CTL for allowing them to hold their sale at CTL. It was a great success. Margaret gave a special thank you to all who either donated items to sell or purchased items.

Our Guest Speaker for Sunday's Sermon, August 28 was Lisa

Quinones, daughter of Elaine Glimme. Lisa began with her family background and their personal connection to this area of Europe now ravaged by war again. She shared a photo of her maternal grandparents arriving as refugees from Lithuania in the 1940's. During Lisa's pilgrimage to the countries

bordering Ukraine, she visited and spoke with church related organizations supporting students affected by the current war in Ukraine. One agency provides trauma counseling for around 1,000 students online. Another works to provide "normal" childhood experiences for approximately 6,000 to 13,000 war traumatized children by setting up small group camps. She told us the Russian people believe what is told to them, and that the goal of the war is to lead the wayward Ukrainians back to mother Russia. Ukrainians are told they are welcome. You are saved. Give up your Ukrainian ideas and come back to Russia as your real language and Russia as your true homeland. Ukrainians are full of fear and hope. They take comfort in the Psalms, especially Psalm 46: "God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth gives way and the mountains fall...He provides comfort...He is our fortress in troubled times..." Lisa ended her talk with ways we can help. We can either Go Global (Doctors without Borders, etc) or Go Local (Jewish Family Services, etc.) And we can always pray. Lisa closed her message with the prayer of St. Francis, a message that rings true now and for always. "Make me a channel of your peace. Where there is hatred let me bring your love..." Her full talk was recorded and can be viewed on our CTL website.

Veterans' Cafe Event - Friday, September 16

from 11 am to 2 pm. All are welcome to enjoy simple refreshments and gather for presentations on Sutter Care at Home Services, Bay Area Senior Services (Senior Alternatives), Home Safety Services, Veteran's

Benefits, Senior transportation; with special presentations and participation in: Mindfulness Meditation, Senior Yoga, Drumming Circle Healing. Please join us as we honor our local veterans and inform our local community seniors!

Senior Yoga Class class every other Wednesday at 5 pm in the church sanctuary. Next class is August 24th. All are welcome. Wear comfortable clothing. Rev. Lois has arranged for an instructor from Sutter Health to provide these sessions free of charge to all. Donations gladly accepted. Last class will be November 2. Volunteers needed to move chairs in the sanctuary on the Sunday before the yoga class.

Fellowship Refreshment Committee needs your help. Please sign-up and bring things to eat and drink on your chosen day. CTL will provide cups, napkins, etc. Sign up sheet is located in the Narthex. Thank you for your cooperation to keep the fellowship going.

ROTA schedule has been posted for August 21 through September 25. Please check to see when and what you will be doing. Please get a sub if you are unable to serve on your assigned day.

Prayer at the Flagpole returns... in Pinole, in front of the fire station every Monday morning at 9am. Likewise it has begun in Hercules at the flagpole near the Senior Center/City Hall every Wednesday morning also at 9am.

Would you like to help bring communion to elders in assisted living? Rev. Lois will be taking communion to residents of Piedmont

Gardens in Oakland once a month. Anyone wishing to join her in this outreach service is welcome, either for one visit or more. Carpooling is possible; please contact Rev. Lois.

LaCasita is fully enrolled and has a waiting list. Things are going very well and we are glad to have the school as part of our Community Outreach.

October Sunday Worship Schedule

Reverend Lois will be on vacation October 15 through October 26. There will be Morning Prayer & Stewardship

sermons for Sunday Worship on October 16 & October 23.

Donations to the “Ark” Birthday Bank are given to the Episcopal Impact Fund.

Donations and pledge payments to support CTL and our various ministries may be given at <https://christthelord.gvtls.com>, or by sending a check to the church.

The September, First Sunday Additional Donation is for the Contra Costa & Solano Food Bank.